

# Creative Music Nurture Groups



Working with young people  
facing barriers in learning  
and life.

# Our musical offer

Our musical offer has three activities intended to improve pupils' wellbeing, inclusion and attainment.

## Creative Music Nurture Groups

Weekly groups of 3-5 children identified as at risk of exclusion by SENCOs, often for reasons of low self-esteem. Activities will benefit their musical, social and personal development and will include learning to play musical instruments and to write and perform songs.



## One-to-one Music-based Mentoring

Creative, child-centered musical learning supports young people's confidence, wellbeing, resilience and musical skills. The course can be accredited with Arts Award and delivered online upon request.



## Family Music Workshops

Informal music sessions to engage families of children at risk of exclusion at an early age, including at transition into primary and secondary school.



Students appear visibly relaxed, happy and calm when they return to class. For one student in particular, this is one of the only times I see her smile at school.

Year 5 Teacher

## Our tutors

Our Nurture Groups tutors are training in areas such as trauma and mental health, and can support vulnerable pupils in schools, Education Support Centres, or remotely online. We use local tutors from a wide range of backgrounds to run the groups. Some have been participants in previous inclusion projects, and some are First Access Strings or Percussion tutors.

Their confidence grew with every week and these five children who normally remain silent and anxious in class, were joining in enthusiastically in their small group sessions.

Deputy Head

I get more confident going to the front of the class and volunteering myself.

Pupil

These music sessions have made me happier, because I absolutely love music.

Pupil

I feel confident in this group. Getting good in my lessons – listening more.

Pupil

## How to set up activities in your school

Hertfordshire Music Service will contribute £800 per Nurture Group for the academic year 2020/21, subject to a school contribution of £200.

For more information or to request activities in your school, please contact us by email at [Christina.Luchies@hertfordshire.gov.uk](mailto:Christina.Luchies@hertfordshire.gov.uk) or call [01438 844518](tel:01438 844518).

[hertsmusicservice.org.uk/nurture](https://hertsmusicservice.org.uk/nurture)